

TruClear Outpatient Hysteroscopy is **recommended** by **leading Gynaecologists**

- ✓ Safe removal of **polyps** or **fibroids**
- ✓ Tissue samples for biopsy

“ The TruClear system further enhances the feasibility of **convenient** and **efficient** ‘see and treat’ approaches to patient management.



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Important Notes

The TruClear™ system procedure is intended to remove intrauterine tissue; this tissue may be causing abnormal uterine bleeding or may be interfering with your fertility. As with any procedure, there are potential risks with this procedure such as fluid overload and uterine perforation. Women who are pregnant, have a pelvic infection, or are known to have endometrial cancer should not have this procedure. Be sure to talk to your doctor to determine if the TruClear™ system procedure is right for you.

The information listed on this brochure is common guidance and is not meant as medical advice. Every patient's case is unique, and each patient should follow her doctor's specific instructions. **Please discuss medication and treatment options with your doctor to make sure you are getting the proper care for your particular situation.**

Outpatient Hysteroscopy for Uterine Fibroids and Polyps

Watchful waiting and removing the uterus (known as hysterectomy) are two treatments for uterine fibroids and polyps. Between those extremes is a **minimally invasive treatment called hysteroscopy**.

Proven to be **safe** and **effective** for the removal of fibroids and polyps,⁹ hysteroscopy is an outpatient procedure that lets you keep your uterus and doesn't leave a scar – in fact, there's no incision at all.

Learn more about TruClear

Visit the '**TruClear for Patient**' page on **premiersurgical.ie** to learn more about the TruClear Tissue Removal System.

References

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TruClear™

Outpatient Hysteroscopy

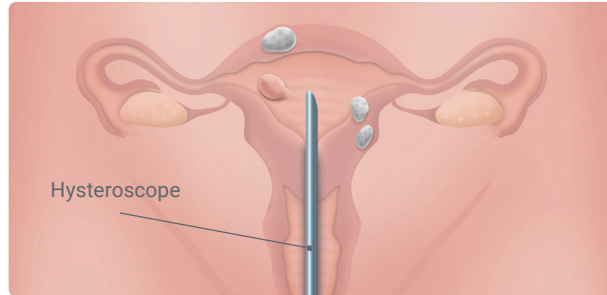
Outpatient Hysteroscopy may lead to a **quicker return to daily life** with the **avoidance of general anesthesia** and no **extended hospital recovery**.



Patient Information

What is a Hysteroscopy?

A hysteroscopy is when your clinician uses a scope with a camera — known as a hysteroscope — to examine your uterus. If polyps or fibroids are found, they can be removed at the same time¹.



Why TruClear Hysteroscopy?

The TruClear system provides a **minimally invasive option** to treat uterine cavity abnormalities. Its advantages include:

- ▶ An incisionless procedure
- ▶ No electricity inside the uterus (*meaning less risk of scarring your uterine lining*)
- ▶ Minimal recovery time²
- ▶ Minimised risk to the uterus and uterine lining preserved

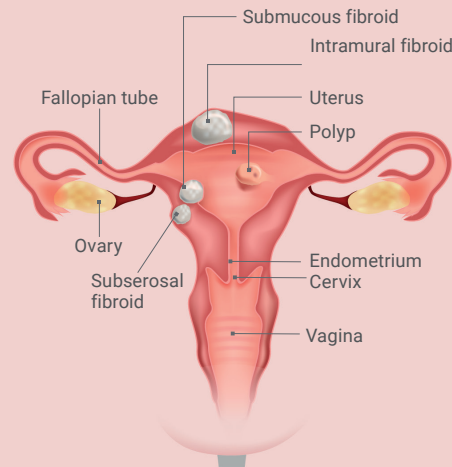
What types of procedures is TruClear used for in an Outpatient Setting?

- ▶ Safe removal of **polyps** or **fibroids** (*that may cause abnormal uterine bleeding*)
- ▶ Tissue samples for biopsy

What is abnormal uterine bleeding?

Abnormal uterine bleeding can include prolonged, irregular, or even postmenopausal bleeding. If you're one of the 100 million women who suffers from AUB,³ **polyps** or **fibroids** might be to blame.

What are Polyps & Fibroids?



Polyps

Endometrial polyps grow from the lining of the uterus, known as the endometrium. These polyps cause irregular spotting and pre- or postmenstrual staining. The incidence of polyps increases with age, but they can appear earlier and sometimes interfere with fertility^{4,5}. Cancerous polyps aren't common, but the risk rises with increasing age and postmenopausal bleeding. That's why clinicians suggest removing these symptomatic polyps for testing^{4,5}.

Fibroids

Uterine fibroids aren't typically associated with an increased risk of uterine cancer — and they rarely develop into cancer. Still, they can cause back and pelvic pain, as well as heavy, prolonged, and/or frequent bleeding.⁶ Fibroids are a common health issue that affect:⁷

- ▶ 20% of childbearing-age women
- ▶ 70% to 80% of women 50 and younger

Submucosal fibroids grow and bulge toward the inside of the uterus. They are usually removed because they have been associated with these increased negative effects on fertility, including:⁸

- ▶ 64% reduction in pregnancy rates
- ▶ 69% reduction in live birth rates
- ▶ 67% increase in miscarriage rates

What happens during your TruClear Outpatient Hysteroscopy?

- 1 Your doctor will insert the hysteroscope (with a light and camera) into your vagina, past your cervix, and into the cavity of your uterus.
- 2 The hysteroscope releases a stream of saline fluid (essentially sterile salt water) to expand your uterine cavity so your doctor can better see and access the tissue that will be removed.
- 3 The unwanted tissue is removed using a specially-designed device.
- 4 Now it's time to rest. While exact recovery times vary by person, most people are able to go home within a couple of hours and return to normal activities the next day.

