



Outpatient Bulkamid injections; experience in a DGH

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O&G)

- Conflict of interest;
JD has received payment from Speciality European Pharma for speaking at Bulkamid master classes.

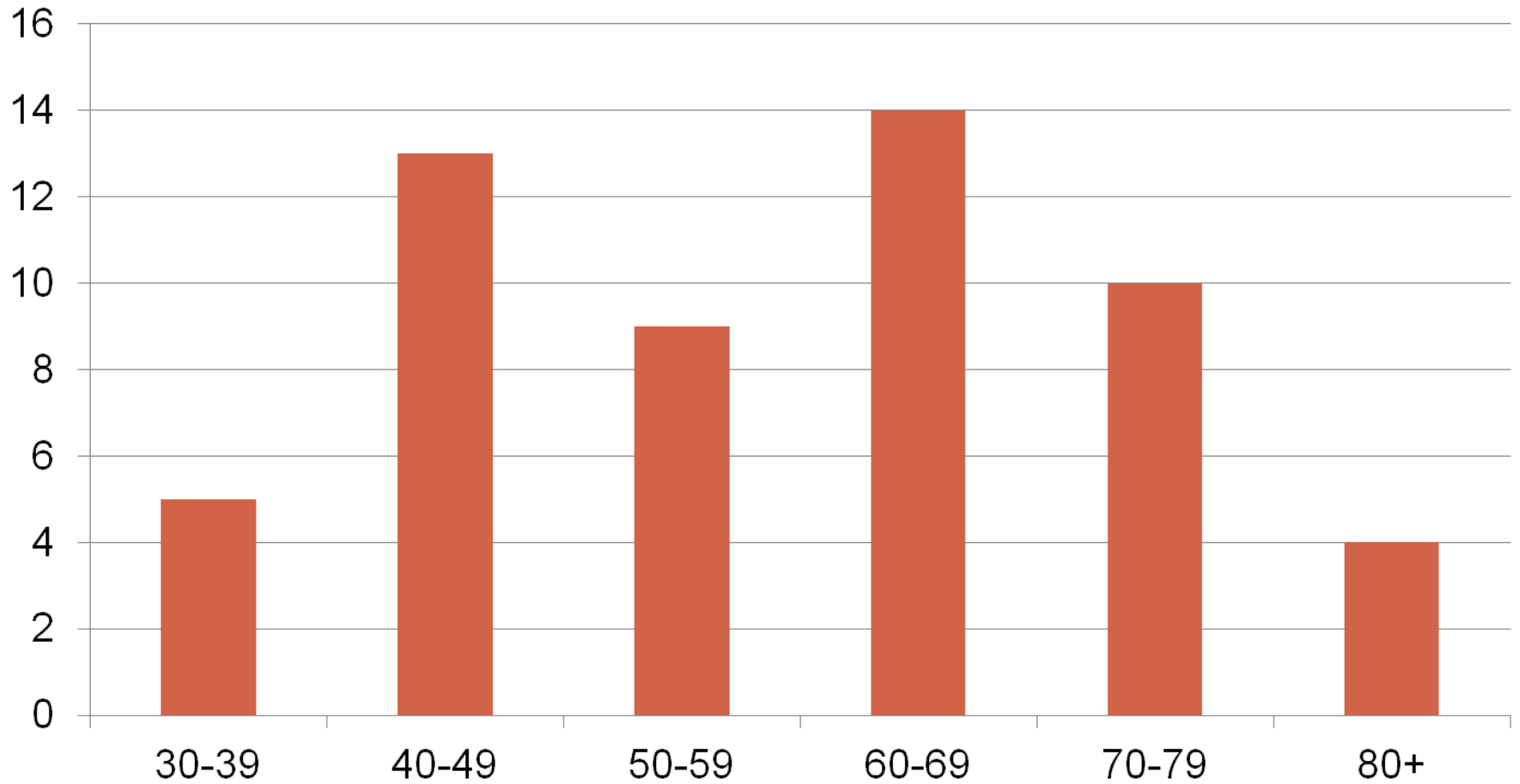
Bulkamid at WWL

- Offered as a treatment option to all
- Performed as an out patient
- Pre-treatment analgesia
- Local anaesthetic
- 2 ml in 3 deposits
- Prophylactic antibiotics for UTI - 3 days
- Home after satisfactory void

Patient group

- 55 women (60 procedures) with USI +/- overactive bladder
- From June 2012 to July 2014
- Bulkamid injections carried out in the outpatient clinic (hysteroscopy room)
- Follow up
 - 8 -12 weeks
 - 12 months (24 patients eligible)

Age



your hospitals, your health, our priority

Reason for using Bulkamid

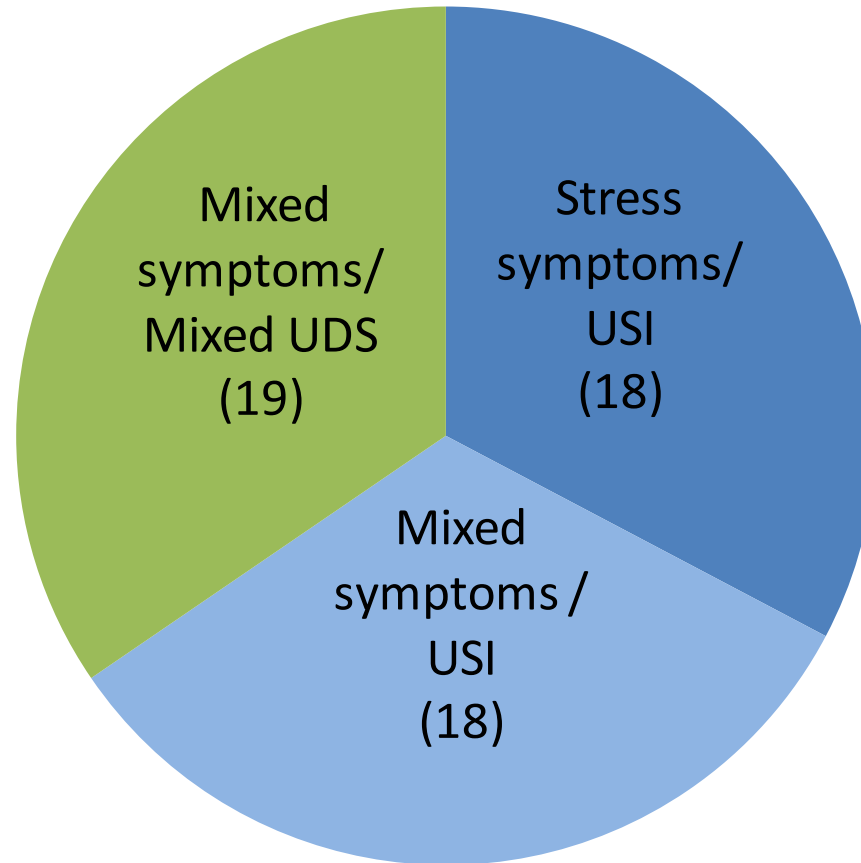
- Patient choice 23
- Came having heard about it 2
- Family not complete 2
- Minor SUI 4
- Declined tape 5
- Failed TVT-O 3
- Mixed UDS 1
- Significant urgency 1
- Co-morbidities 14

Details of previous surgery

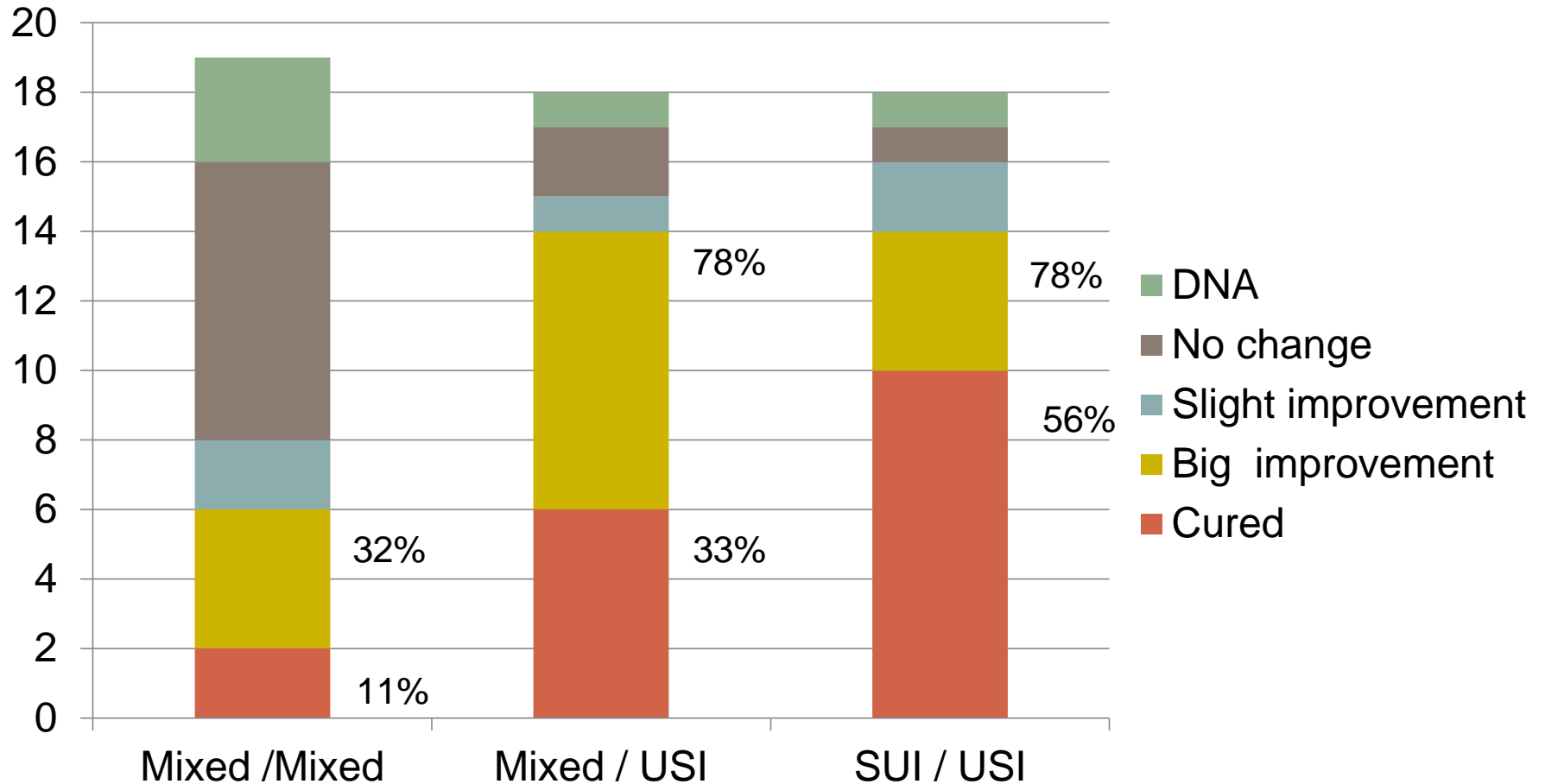
- Colposuspension (>15 years) 3
initially successful
- Vaginal tapes
 - TVT (5-8 yrs) (initially successful) 3
 - TVT-O recent and failed 1
 - TVT-O divided 1
 - TVT-O excised 1

Diagnosis

n=55



Outcome by symptoms and diagnosis



Complications

- One unable to tolerate 3rd injection (80% cured)
- One failed to void – catheter with flip flow valve over night at home – voided on removal – cured
- One seemed to develop urgency a few months later
- Slight haematuria short lived
- No reported UTIs (prophylactic antibiotics)

12 months + results

13 replied

(8 cured, 5 big improvement)

4 cured

4 improved

4 cured
after second
dose

1 failed after
RTA

11 did not reply

(1 cured, 6 big improvement, 4 small improvement)

Conclusion

- Bulkamid is an option for all especially patients who wish to avoid anaesthetics or want another pregnancy or wish to avoid admission and desire short recovery periods
- It is minimally invasive, relatively quick and easy
- Complications appear to be minimal
- Short term results good for those with USI even in a population with mixed symptoms

Why we do it!

TO Dr Davies

I had a Bulkamid procedure
in July and it has transformed
my life. I am dry. I have
got rid of my pads and liners.
I can work, walk and dance!

Thank you so much.

Dorothy